



BOYS BASKETBALL

Frequently Asked Questions (FAQs)

Q. The basketball program is for what grade level(s)?

A. The basketball program consists of teams for boys in grades 3-8.

Q. Does my child need to be experienced in the sport?

A. No.

Q. Season start date and end date?

A. November thru February with practice beginning week of November 1st and league games beginning week of December 1st

Q. Teams are a combination of several grades or separated by grade?

A. Each grade has its own team(s).

Q. If applicable, how many teams per grade?

A. Based on registration, coaches, & gym time, we will have as many teams as possible. Typically, grades 6, 7, & 8 have three teams per grade and grades 3, 4, & 5 have two to four teams per grade.

Q. Games are typically played when? Where?

A. Regular season CYO games for all grades are held on Friday, Saturday, or Sunday with one game per week-end. Typically, games are held at the home team's school gym.

Q. A typical regular season has how many games per season.

A. Ten.

Q. How long are the games?

A. Teams at grades 5th, 6th, 7th, and 8th play four quarters of six minutes - stop and go. Teams at grades 3rd, 4th, and 5th play five minutes - stop and go. So, you can plan about one hour or so.

Q. Do teams participate in tournaments?

A. At coaches' discretion, teams can participate in pre-season, holiday, and regular season tournaments. At the end of the regular season, a CYO city tournament is held for all teams which can last from mid-February thru early March.

Q. Practices are typically how many days per week?

A. Can vary by grade or coach; but, you can expect, on average, two practices per week.

Q. Practices will start at what time, where, and last for how long?

A. Practices may be held Monday thru Saturday. Practices may start as early as 4pm and end as late as 9pm. Practices are held at GA Parish Center, GA old gym, & possibly other sites as required depending on the number of GA teams. Gym time is handed out by grade with the older grade's coaches getting first choice. Typically, the earlier grades practices at the early times while the older grades get the later times.

Q. Does GA expect players to practice?

A. Yes. Significant dollars are spent creating teams, buying uniforms, & renting gym time. Coaches, player's parents, & players have signed up expecting to practice, play, learn, and compete to the best of their abilities. Without practice, these objectives cannot be met. We expect you to commit to the sport and to the school team and attend practice on a regular basis.

In fact, we require the GA team to be a player's top athletic priority if playing on a competitive team (A or B). If you are unable to make this commitment, please request to be placed on a non-competitive team at time of registration. A player who does not adhere to their commitment to a competitive team will jeopardize their selection to a future GA competitive team.

Q. What else is expected of parents/players?

A. Sportsmanship at all times ... practices & games, parents & coaches. Timeliness for all practices & games. Communication between parent & coach about attendance & about any special considerations. Respect for coaches, parents, players, referees, opponents, uniforms, etc.

Q. Teams are created by skill or teams are balanced by skill?

A. Basketball teams in grades 6, 7, & 8 are created based on skill, height, basketball acumen, etc. and players are placed onto A, B, and C teams. Basketball teams in grade 3, 4, & 5 are balanced teams across skill, height, & basketball acumen.

Q. Teams selected by skill are determined in what manner.

A. Tryouts are held in September before the season. Players are asked to attend two tryout sessions. Several stations are held with evaluators at each station completing evaluation cards. Evaluators may be parishioners but are not necessarily parishioners. Evaluators cannot be a parent from the grade being evaluated. Evaluators are volunteers. Every attempt is made to have highly qualified evaluators whom have a good knowledge of the sport. The A team coach may be involved in the player selection. After tryouts, the players are placed onto A, B, & C teams.

Q. Teams to be balanced are determined in what manner.

A. An evaluation is held in September before the season. Players are asked to attend one evaluation session. Several stations are held with evaluators at each station completing evaluation cards. Evaluators may be parishioners but are not necessarily parishioners. Evaluators cannot be a parent from the grade being evaluated. Evaluators are volunteers. Every attempt is made to have highly qualified evaluators whom have a good knowledge of the sport. After tryouts, the evaluators create balanced teams along with input/review from the coaches of each grade.

Q. What are CYO playing time regulations?

A. All teams in the 3rd, 4th, 5th, and 6th grade are required to play each player one continuous quarter from the beginning to the end in each game. Exception - if a player is injured or sick; if the opposing team has fewer players than your team you only have to play as many as they have on their bench. This rule is in effect for the regular season as well as post season tournament. For more information, go to CYO website at following link.

http://www.cyosports.org/boysbasketball/documents/boys_basketball_rules07.pdf

Q. What is GA playing time regulations?

A. The GA Booster Handbook provides this information across all sports for all ages and for boys and girls teams. For basketball, GA has the following recommended playing time.

Grades 3-4 : 1 continuous quarter plus a total of another quarter

Grades 5-6 : 1 continuous quarter plus an appearance in another quarter

Grades 7-8 : Appearance in the game

It is expected that the coach will follow the CYO playing time regulations and will follow the recommended GA playing time unless there are extenuating circumstances. Such circumstances may include disciplinary actions due to conduct not representing GA, Catholic, and Christian principles, failure to attend practices, failure to attend practices in a timely fashion, failure to listen to coaches, failure to adhere to team rules, etc.

More information available in GA Athletic Boosters' handbook at GA athletic website.

<http://www.gaschool.org/curricular/athletics/handbook/index.asp>

Q. How high are the basketball rims.

A. 10' ... all ages.

Q. What size basketball.

A. The 7th and 8th grade teams will be using the regulation ball. The 3rd, 3rd, 4th, 5th, & 6th grade teams will be using the women's ball (28.5").

Q. Are there age-specific or grade-specific rules.

A. Yes, CYO has basketball rules posted on the CYO website.

http://www.cyosports.org/boysbasketball/documents/boys_basketball_rules07.pdf

Q. How are coaches selected?

A. GA asks for volunteers from our parent community, parish community, alumni community, etc. and we attempt to select the most qualified individual(s).

Q. How many coaches?

A. GA requires two adults to be present at all practices and games. We have one or two coaches or a coach and one or more parent assistant(s)

Q. Can parents coach?

A. Yes and no. Grades 3-5 can be coached by parents. In grades 6-8, A team coaches are not parents; however, B & C team coaches can be parents.

Q. Whom do I contact about volunteering to coach?

A. Contact any GA Athletic Booster or the Booster member designated as the Booster Director of Basketball. To find current board member listing and director assignments, go to

<http://www.gaschool.org/curricular/athletics/>

Q. Can I contribute in other ways?

A. Yes ... GA athletics is accomplished by volunteers and cannot succeed without volunteerism. There are many other ways to help beyond coaching and it's likely you'll be asked to help with concessions, fundraising events, & even cleaning the gym.

Q. If I struggle with coach knowledge, style, etc., what's my course of action?

A. First, we ask any concerns be taken directly to the coach or the head coach. If your concerns are not addressed or you do not agree with the feedback, you may talk to the Director of the sport. If your concerns are not addressed or you do not agree with the feedback from the Director, you may talk to the President of the GA Athletic Boosters. In addition, every parent/guardian is asked to complete a coach evaluation at the end of the season. These evaluations are used to address any issues with a coach, to improve our education to coaches, to improve our coaches, and to assist with coach selection in following years.

More information can be found at the GA Athletic Boosters' website in the GA Athletic Boosters' handbook.

<http://www.gaschool.org/curricular/athletics/handbook/index.asp>

Q. When is registration?

A. Typically, registration will be in the fall for the upcoming winter basketball season. However, please refer to GA Athletic Boosters website for latest information.

<http://www.gaschool.org/curricular/athletics/calendar/index.asp>

Q. What's the costs?

A. It will vary by year; so, please find current information on GA website under athletics and sports registration.

<http://www.gaschool.org/curricular/athletics/sportsregistration/index.asp>